



Manotick Curling Club 2021/2022 Return-to-Play Plan

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1. PRESIDENT'S MESSAGE

First off...a very warm welcome to all returning MCC members, new members and our new learn-to-curl curlers to the 2021/2022 curling season at the Manotick Curling Centre!

As everyone is very aware, the last 18+ months have been a trying, frustrating, confusing and, at some points, scary time. There is no question that Covid has had a significant, material impact on many of our lives...with some of those impacts irreversible and permanent.

While we are not out-of-the woods just yet, there is certainly some hope and optimism that the worst of this pandemic is behind us. Adherence to public health guidelines and a strong community uptake to Covid-19 vaccinations has put us in a place where we can envision this pandemic soon becoming a manageable endemic and resulting in a return to more normal lives and activities.

Some of this "return-to-normal" can be reflected in our plans for this curling season. You may know that we did indeed operate last season but the curling experience was encumbered by many regulations that altered both the on-ice game play as well as our social interactions at the club. These were by far the 2 areas that generated the most complaints from our members about last year. Game play was significantly altered with no games allowed on Sheet 2, only 1 sweeper per rock thrown, no defensive or skip sweeping, and we had shortened game times/ends. And to make matters worse, our post game fun was severely impacted by very limited social interaction in our lounge area.

With the Government of Ontario recently mandating Proof of Vaccination at facilities like ours, and our Boards decision to continue to mandate masks during game play, we are VERY pleased to introduce our 2021/2022 season "Return-to-Play" plan for our club that alleviates many of the regulations that caused those complaints mentioned above. The following document will provide further details but in short, this year we will be able to:

- Have regular curling games on all sheets that include regular ends, 2 sweepers per rock, and defensive/skip sweeping
- Have a social environment that includes sitting at table with your teammates and opposition and enjoying a post-game beverage of your choice.

Much like politics, we recognize that we cannot make everyone happy. That being said, we are confident that the following plan will be supported by the majority of our members and will ensure that we are able to play in as safe an environment as possible as we continue our path towards more normal activities.

Read on...and if you have questions or comments, please write to any of the Board members.

Paul Darche
President
Manotick Curling Center



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2. Summary

The Board of Directors of MCC, with guidance and input from our local public health authorities, various levels of government, national and provincial curling associations and input from key members of our MCC curling family, has developed the following Return-to-Play guidelines for the 2021/2022 season of curling at the Manotick Curling Club. In doing so, we have first and foremost kept one key guiding principle in mind: **the health, safety and well-being of our members, our staff and contractors and your respective families and community.** We believe we are able to present a plan to our members that will allow you to participate in the game you love, to socialize (safely) with friends and to do so in a manner that offers you the highest level of comfort, confidence and safety.

We hope that you take the time to read and digest the material in this document. However, below are a few paragraphs that attempt to summarize the key points of our plan. These points cover the main elements of the broader plan and speak to the importance around Safety, Proof of Vaccination Mandates, Masking requirements, Social Distancing Behaviour and Safe Game Play. Again, the details of the plan are explained further in the broader document and we encourage you to read it in detail.

That being said, here is the summary:

We will begin our season on Monday, October 18th, 2021 and finish league play on **March 27, 2022**. This will allow us to have a full season of curling as well as plan for a Grand Spiel event after regular league play is completed. Our Grand Spiel event is scheduled to start at the end of March and continue to April 16th, culminating with a party day/night.

As of September, 2021, we anticipate that we will be opening and beginning our season under the Step 3 Regulations (Ontario Regulation 645/21) of the Government of Ontario's "Roadmap to Reopening" with respect to the ongoing Covid-19 pandemic. **Included in this regulation is a requirement for Proof of Vaccination prior to entry into our facilities.** (<https://www.ontario.ca/laws/regulation/r21645>)

Furthermore, on September 14th 2021, Ontario's Solicitor General Sylvia Jones, released the following statement which included a recommendation to continue to wear masks and physical distance where possible, regardless of vaccination status (<https://news.ontario.ca/en/release/1000807/ontario-releasing-guidance-to-support-proof-of-vaccination-policy>):

*"As we continue to see cases of COVID-19 in our communities, we must keep up the fight against the transmission of this virus and its variants to create a safer environment for ourselves, our families and our communities," said Solicitor General Sylvia Jones. "The best defense against COVID-19 is getting a vaccine and encouraging everyone who is eligible to get vaccinated too. **Wearing a mask and practising physical distancing where possible are public health measures we all must continue to follow.**"*

As such, we will, at a minimum, follow the guidelines & recommendations applicable to our facility and sport. However, we may, from time-to-time as part of our own "return-to-play" guidelines and our underlying mandate to ensure the safety, health and well-being of our members, institute protocols that go above and beyond those in the Step 3 regulations. This is particularly important in that another key



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objective this season for us is to return to as much of a “normal” level of game play and socializing as possible. “Normal” game play includes the use of all of our sheets, regular games with standard ends, two sweepers per rock thrown, defensive and skip sweeping, etc. **In order for us to play these “normal” games, we are beginning the season with a rule that all players must wear a mask at all times while on the ice.**

We will continue to monitor the government and public health guidelines, protocols and recommendations and adjust ours accordingly throughout the year as needed.

Our current 2021/2022 MCC Opening Plans include:

- i. Entry to the building will be limited to MCC members and parents/legal guardians only, as well as our staff, contractors and certain vendors from time-to-time. Criteria for entry is outlined in the “**Who is allowed in the Club**” section below. A key element of this is valid Proof of Vaccination against Covid-19 for those over the age of 11 and the wearing of masks.
- ii. Without exception, we will require **all** individuals and members to wear masks in the club warm/common areas and while in the ice-shed/playing area, including during game play. Although not mandated in the legislation, we are following strong recommendations for masking from government bodies, Ottawa Public Health and other health professionals. **Additionally, as mentioned above, this masking protocol is in place to allow us to return to “normal” curling play rules and structure.**

Our club has a deserved reputation for supporting each other. We ask that you extend this spirit to supporting the decision to wear masks to protect your friends and family and allow our members to play as much of a “normal” game as possible.

- iii. As with last season, we will continue to implement a record of attendance at the club to enable Covid-19 contact tracing. Contact tracing, notification and follow up is a process that is used to identify, educate and monitor individuals who have had close contact with someone who is infected with the virus that causes COVID-19. These individuals are at a higher risk of becoming infected and sharing the virus with others. Contact tracing can help individuals who have been in contact with a case of COVID-19 understand their risk and limit further spread of the virus.

We will utilize the CurlION Contact Tracing App and Tablet (as we did last year). You will receive an email prior to the beginning of the season from CurlION with your personalize QR Code. This code will need to be scanned into the tablet at the Club each time you enter the facility. Again – this is for Contact Tracing purposes. The app confirms your name, your phone number and email address in the case that there is a Covid outbreak related to our facility and Ottawa Public Health needs to contact you. There is additional information on this Contact Tracing app below as well as on our website.



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- iv. At a minimum, we will follow all guidelines from the government, public health and curling bodies regarding sanitizing frequently touched surfaces as well as minimizing the surfaces that need to be touched.
- v. The locker rooms will be open this year. **However, we strongly recommend that curlers come dressed for play and limit their entry and stay in the locker rooms to as little time as possible.** We also request that you observe and respect physical distancing while in the locker rooms and note that the wearing of a mask is mandatory at all times. Please do not loiter in the locker rooms and only enter when it is safe to do so. Again, we recommend that lockers are used only for the storage of equipment (brooms, shoes, etc) and that players come to the club dressed to play. Please refrain from using the lockers for changing other than putting on your shoes, and storing or retrieving your equipment.
- vi. We will be returning to “normal” curling rules and play including allowing 2 sweepers and defensive sweeping (including Skips in the house). Further details can be reviewed in the Game Play sections of this document.
- vii. All 3 sheets will be in play.
- viii. While in the building members will be required to practice all recommended social distancing rules, regulations and best practices, including the following:
 - A mask must be worn by everyone while entering the club and at all times within the club
 - ***Masks can only be removed temporarily while sitting at your table in the lounge and actively drinking or eating.***
 - ***Anyone entering the building must either scan in using the Contact Tracing App & Tablet or sign the Contact Tracing book. This must be done upon each visit to the club. No exceptions.***
 - Wash hands regularly
 - Maintain 2m distance from others except when sweeping and/or when sitting at your table in the lounge.
 - Avoid touching your face.
 - Sneeze or cough into your sleeve
- ix. **On ice**
 - Masks are to be worn at all times. No exceptions.
 - Please maintain a 2m distance from others on the ice except when actively sweeping



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3. PLAN OVERVIEW

i. Introduction

Unfortunately, the Covid-19 pandemic continues to plague our communities. As we did last season, we will continue in 2021/2022 to follow and respect the guidelines and regulations from Public Health officials and various levels of government as well as the direction and guidance from Curling Canada and Curling Ontario (CurlON) in order to allow our members to curl safely.

As of the writing of this plan, our community and our club fall under the “Step 3” Public Health guidelines and regulations. This plan was developed using these Step 3 rules as a baseline. Additionally, Curling Canada and CurlON released their Return-to-Play guidelines in September 2021 and those guidelines and recommendations have also been considered and utilized in the writing of this MCC plan. In all cases, these regulations and recommendations have been considered as the “minimum standards” and our customized plan also reflects situations where we have taken precautions that are above the minimum in order to best protect the health and safety our members, staff, contractors and indeed, our families and community and to allow our members to return to as much as a “normal” game of curling as possible.

The following is the Return-to-Play guidelines for Manotick Curling Center’s 2021/22 season. These guidelines will stay in force for as long as the Board of Directors (BOD) and our membership feel they are needed to maintain a safe curling environment or the 2021/22 season comes to an end.

The COVID-19 pandemic has resulted in a very fluid and dynamic environment where Public Health and government regulations change frequently as the pandemic evolves. As such, it is impossible to foresee every possible future scenario and it is entirely possible that the evolution of the pandemic, and the resulting impact on these regulations, might create a need to alter our plans accordingly.

ii. Guiding Principles and Scope

In all cases, government and Public Health regulations and Curling Canada guidelines will be the minimum standards to which we adhere. In addition, we will also follow recommendations and guidance from these bodies that may not be directly part of the regulations.

We will also try to return to a “normal” curling game as possible. This means that this year we will be utilizing all 3 sheets, playing games with our traditional number of ends, allowing 2 sweepers per rock, and permitting defensive and skip sweeping per standard rules of play. **However, in order to do so, we will mandating the wearing of masks at all times while on the ice and in the ice-shed area.**

Due to the number of at-risk individuals in our club, we feel an overabundance of caution is required.

We believe members who do not feel they are at risk will agree with the club’s cautious approach and will join and participate with the understanding that it is a short-term sacrifice for the benefit of all.



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iii. Communication plan

We plan to keep our membership informed all through the process. Below are some of the ways we will be communicating to the membership:

- Send out the guidelines to all members via newsletters, emails and social media posts
- Include the guidelines on our website

iv. Risk Management

In general, there are four strategies for risk management that can be employed:

- **Avoid**
- **Reduce**
- **Transfer**
- **Retain**

Our proposed plan focuses mainly on guiding our members with **Avoiding** and **Reducing** risk. As with any activity, there will always be a portion of “risk” that we, as individuals, retain. In addition, and in the context of COVID-19 and our return-to-play, the transfer of risk is covered by our insurance policy.

v. Double Vaccination Mandate

As of September 22, 2021, Ontarians will need to be fully vaccinated (two doses plus 14 days) and provide their valid Proof of Vaccination along with identification showing name and date of birth to access certain public settings and facilities. This approach focuses on higher-risk indoor public settings and includes:

- Restaurants and **bars** (excluding outdoor patios, as well as delivery and takeout);
- Meeting and event spaces, such as banquet halls and conference/convention centres;
- **Facilities used for sports and fitness activities** and personal fitness training, such as gyms, fitness and recreational facilities with the exception of youth recreation sport;
- Sporting events

Exemptions to Proof of Vaccination Mandate: The government has also confirmed the exemptions to the proof of identification and proof of vaccination requirements, including:

- Children under the age of 12
- Members who provide a written document, completed and supplied by a physician, registered nurse, or nurse practitioner, stating the person is exempt for a medical reason from being fully vaccinated against COVID-19 and the effective time-period for the medical reason. Patrons with a medical exemption are required to present identification as well as the medical exemption document and must wear a mask at all times.



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Everyone will be required to show your Proof of Vaccination prior to beginning your first game of the season or prior to entering the facility for the first time. You will only be required to show this proof once. We will not be keeping any records or copies of your Vaccination information...only a record that we have witnessed your valid Proof of Vaccination.

We are offering our members a choice of 2 ways to present your "Proof" to the authorized Director(s) of the club.

- 1) **EMAIL OPTION:** At your choice, send an email, with attached Proof of Vaccination, to

mccproofofvax2021@gmail.com

Our Director of Curling Operations will be monitoring this email address. Once you send your email and proof to this email address, he will record that you have shown your proof of vaccination in the club database and then permanently delete your email and the associated proof document. We will only keep a record that you have shown us your proof of vaccination. You will only need to do this once during the entire season but it must be done prior to your first entry into our facility. You will not be permitted to curl otherwise.

- 2) **In-Person Option:** We will be holding a series of "Proof of Vaccination" registration events (see below) where members can come into our club the week prior to game play starting for the season and show your valid Proof of Vaccination + valid Government ID to one of our volunteers. The volunteer will witness your Proof and make note in our database that you have indeed been Vaccinated + the requisite 14-day period. We will also be collecting signed Rowan's Law forms for players under the age of 26 during these registration events.

This requirement and process also applies to all players, members, spectators, visitors and any spares who have signed up as spare or casual curlers as well as any players from OVCA teams that are coming into the club to play. Proof of Vaccination must be shown to, and validated by, a member of the MCC Board of Directors or an approved delegate, prior to (preferred), or when, the individual enters the facility for the first time.



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Steps for Businesses and Organizations: Proof of Vaccination

<p>1</p>	<p>Match the name and the date of birth of the patron listed on the vaccination receipt against the name and date of birth on a piece of identification.</p>	
<p>2</p>	<p>Verify the receipt is either:</p> <ul style="list-style-type: none"> • an Ontario receipt (illustrated) • a receipt signed by an indigenous health provider • a receipt from another jurisdiction 	
<p>3</p>	<p>Verify that the receipt shows that the holder is fully vaccinated (see slide 9).</p>	
<p>4</p>	<p>Verify that the date of administration of the final shot in the series is at least 14 days prior to the date the patron is seeking access to the business or organization.</p>	

vi. Proof of Vaccination Registration Events/Process:

All members, players, parents, legal gaurdians and expected visitors/spectators: For those wishing to show their Proof of Vaccination in person rather than sending in an email please bring your Proof of Vaccination and a valid ID showing your name and birthdate to one of the following sessions at the club. This will allow us to mark you as “vaccinated” against Covid-19 in our database and permit you to enter the club for the remainder of the season. Please make sure you present your proof of vaccination at one of the days and times listed below. **NOTE: YOU WILL NOT BE PERMITTED TO ENTER THE BUILDING OR PLAY UNTIL YOU SHOW VALID PROOF OF VACCINATION.**

- Saturday October 9, 2021... 9:00am to Noon
- Sunday October 10, 2021... 9:00am to Noon
- Tuesday October 12, 2021... 7:00pm to 9:00pm
- Wednesday October 13, 2021... 7:00pm to 9:00pm
- Thursday October 14, 2021... 7:00pm to 9:00pm

Note that we will also be collecting signed Rowan’s Law forms for players under the age of 26 during these registration events.

vii. Masking

Curling last season during the peak of the pandemic was difficult. When we were open, we were subject to rules and regulations that impacted our game play structure (only 1 sweeper, no defensive sweeping, etc) and severely limited our post-game social interactions. We are in a position to mitigate and remove these restrictions this year, in some part by continuing to wear masks while playing and while in the common/warm areas of the club. The only exception will be when seated at your table and actively drinking or eating.



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Without exception, we will require all individuals and members to wear masks in the club warm/common areas and while in the ice-shed/playing area. Although not mandated in the legislation, we are following strong recommendations for masking from government bodies, Ottawa Public Health and other health professionals. **Additionally, as mentioned above, this masking protocol is in place to allow us to return to “normal” curling play rules and structure.**

Our club has a deserved reputation for supporting each other. We ask that you extend this spirit to supporting the decision to wear masks to protect your friends and family and allow our members to play as much of a “normal” game as possible.

viii. Contact Tracing/What happens if someone has, or thinks they have, COVID-19

As with last season, we will continue to implement a record of attendance at the club to enable contact tracing. Contact tracing, notification and follow up is a process that is used to identify, educate and monitor individuals who have had close contact with someone who is infected with the virus that causes COVID-19. These individuals are at a higher risk of becoming infected and sharing the virus with others. Contact tracing can help individuals who have been in contact with a case of COVID-19 understand their risk and limit further spread of the virus.

We will utilize the CurlON Contact Tracing App and Tablet (as we did last year). You will receive an email prior to the beginning of the season from CurlON with your personalized QR Code. This code will need to be scanned into the tablet and app at the Club each time you enter the facility. Again – this is for Contact Tracing purposes. The app confirms your name, your phone number and email address in the case that there is a Covid outbreak related to our facility and Ottawa Public Health needs to contact you. Further instructions on how to use the Contact Tracing app can be seen in the video in the following link on our website. **Note that you must be logged-in as a member to view.**

<https://manotickcurling.com/index.php/our-club/covid19-contact-tracing>

If an individual is diagnosed with COVID-19 after entering or attending the facility, the individual will be asked to isolate, notify the MCC, and not attend any of the MCC'S facilities, activities, programs or services until the individual is cleared as non-contagious by provincial or local public health authorities.

If the individual experiences, or if anyone in the individual's household experiences, any signs or symptoms of COVID-19 after entering or attending the facility, the individual will immediately isolate, notify the MCC, and not attend any of the MCC'S facilities, activities, programs or services until at least 14 days have passed since those symptoms were last experienced.

Anyone who has been determined to have been in "close contact" (as defined by Public Health agencies) with the infected person beginning 48 hours before their symptoms started, or 48 hours before they were tested if they have no symptoms, will be required to self-isolate for 14 days, get tested as directed by OPH and not return to the club for any reason until they are advised that is OK to do so in writing by the club's Board of Directors.



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All others who may have curled at the same time, or after on the same day/evening, fall into the "low risk" category as defined by OPH and shall follow that guidance - including self-monitoring for symptoms for 14 days. Self-isolation is not required and the member will be permitted to continue to curl at the club, always following our protocols.

4. MEMBERSHIP REQUIREMENTS

In order to become a member of the MCC during the 2021/2022 season and access/enter the facility, any individual over the age of 12 years old, must be fully vaccinated (two doses plus 14 days) and must provide their proof of vaccination along with a valid ID showing their name and date of birth. Currently, members under the age of 11 are exempt from this requirement until such time that health authorities and government agencies approve the use of vaccines for this age group.

i. Waivers and Agreements

Assumption of Risk and other waivers (such as the Rowan's Law waiver covering concussion protocols for athlete's under 26yrs old), have always been part of our game and part of the responsibility of the individual playing the game. However, these unique and unprecedented times require that additional waivers and agreements be put in place. Accordingly, all members, in addition to paying their annual fees and dues, will be required to sign and submit the following (where applicable):

- a. Each Adult member to sign a Declaration of Compliance customized for MCC.
- b. Each Adult member to sign a "Return to Play" waiver
- c. Each parent or guardian of a member signs an "Informed Consent" agreement (if player is under 18)
- d. Each member to sign Rowan's Law waiver (if under 26)
- e. Each parent or guardian of a member under 18 signs a Rowans Law Waiver

ii. Who is allowed in the Club – Members, Visitors and Guests:

a) Allowed (when following the guidelines as defined in this plan)

1. MCC members, or approved OVCA members, who are about to play, playing or just finished playing and Convenors or Assistant Convenors
2. Members coming to the club during designated practice times. This could be open practice or designated team practice
3. Parents or Legal Guardians of Members. Covid Protocols must be followed, including contact tracing requirements.
4. Staff, Contractors and Suppliers who are essential to the operation of the club and its facilities.
5. Government and Public Health and Safety officials as necessary



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b) Not Allowed:

1. Unvaccinated individuals over the age of 11, unless a registered Little Rock member and an active participant in that program. Little Rock Covid protocols will apply.
2. Anyone not wearing a mask at all times, with the exception of when sitting at a table and actively drinking or eating
3. Renters. There will be no renting of the ice or the facilities to individuals or organizations until further notice.
4. With the exception of the OVCA league on Wednesday mornings, outside leagues will not be permitted to use MCC ice or facilities for the time being due to provincial guidelines stating that no competitions outside of our own league are allowed.

5. FACILITIES

All common areas of the facility are available to members as long as they are fully masked (unless sitting at their table and actively engaged in the process of eating or drinking).

- i. **Signage.** Signage will be placed around the club to inform remind members of their obligations while in the club.
- ii. **Cleaning and disinfecting protocols**
Cleaning rock handles, stabilizers, measuring devices and other shared equipment in the ice-shed is each member's responsibility. Cleaning supplies will be provided by the club.
- iii. **Washrooms**
As our washrooms are small, only one person will be allowed in the washrooms at a time. Please observe and respect distancing measures. Sanitize hands after use.
- iv. **Locker rooms**
The locker rooms will be open this year. However, **we strongly recommend that curlers come dressed for play and limit their entry and stay in the locker rooms to as little time as possible.**

We also request that you observe and respect physical distancing while in the locker rooms and note that the wearing of a mask is mandatory at all times. Please do not loiter in the locker rooms and only enter when it is safe to do so. Again, we recommend that lockers are used only for the storage of equipment (brooms, shoes, etc) and that players come to the club dressed to play. Please refrain from using the lockers for changing other than putting on your shoes, and storing or retrieving your equipment.
- v. **Entering and leaving the building**
 - Please do not loiter in the lobby vestibule just inside the door.
 - It is recommended that all Members arrive dressed to curl. Please refrain from using the lockers for changing other than putting on your shoes, and storing or retrieving your equipment.



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vi. **Smokers**

Smokers are expected to allow a minimum of 6 feet of clearance for members entering the building. This will mean smokers will be required to smoke in the parking lot once snow is on the ground.

vii. **Water**

Water dispensers will be removed. Members are encouraged to bring their own water bottle.

6. LEAGUE PLANNING & PROGRAMMING

i. **Season start & end dates**

We will begin our season on Monday October 18th and end regular league play on March 27, 2022. The ice will remain in and we will hold our Grand Spiel even from last March to April 16th, culminating with the Grand Spiel Evening Extravaganza (ie: party) at the club on the evening of Saturday April 16th (Covid protocols permitting at that time).

ii. **Game times**

We are returning to pre-pandemic draw times and end-structure. Please refer to the website/online game schedule, or the posted schedule at the club, for your games and draw times.

iii. **Adult League structure**

All leagues will return to pre-pandemic structure.

iv. **Competitive Junior Teams**

The Club will continue to support our competitive youth and junior teams as best as possible. Practice Ice will be made available accordingly. Our members of competitive teams will be expected to comply to all rules and regulations as defined by our return-to-play guidelines.

v. **Youth & Bantam Program (12 years +)**

We will run the Youth & Bantam program (beginning Sunday Oct 31st). Masks will be mandatory for all participants at all times. **There will be a limit of 1 spectator allowed inside the facility per family of curlers (ie: only 1 parent in situations where there are more than 1 curler from the same family on the ice)** Parents and Legal Guardians are permitted to observe from the lounge area as long as all Club Covid protocols are followed and adhered too – including Proof of Vaccination, mandatory masks and Contact Tracing records. **No food or drink will be served.** Additional information will be coming from the Youth Program Coordinator.

vi. **Little Rocks Program (11 years and under)**

We will run the Little Rocks program (beginning Sunday Oct 31st). Currently our Little Rocks under the age of 12 cannot be vaccinated against Covid-19. Masks must be worn at all times. **There will be a limit of 1 spectator allowed inside the facility per family of curlers (ie: only 1 parent in situations where there are more than 1 curler from the same family on the ice).** Parents and Legal Guardians are permitted to observe from the lounge area as long as all Club Covid protocols are followed and adhered



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too – including Proof of Vaccination, mandatory masks and Contact Tracing records. **No food or drink will be served.** Additional information will be coming from the Youth Program Coordinator.

vii. **Practice Ice**

Where the schedule permits we will allow practice ice however curlers are responsible for cleaning their own rocks. In all cases, the rules and regulations related to entering and exiting the building and other safety protocols, including the wearing of masks, also apply to members using practice ice.

viii. **Learn to Curl**

We will be holding two, 10 week, Learn-to-Curl sessions on Saturday morning's beginning on Oct 23, 2021. First session will begin at 9:00am and the second session will start at 11:00am. All Covid protocols will apply.

For the first time, and due to the unprecedented number of requests, we will be holding a Learn-to-Curl mini-course consisting of a 4 week, shortened and compressed program that will begin in early January 2022. This mini-camp is currently approximately ½ full with registrants as of early October 2021. We will continue to take new registrants until such time that the program is full.

ix. **Bonspiels**

Intra-club Bonspiels can be held, however there will be no dinner/celebrations allowed as part of those bonspiels until we are safely out of Stage 3 and when the Board approves. No bonspiels will include any non-MCC members

x. **Outside leagues**

With the exception of the approved OVCA league on Wednesday mornings, outside leagues will not be allowed to use MCC ice for the time being.

7. GAME PLAY

i. Common Rules – Regardless of League

- i. Members must wear masks at all times while curling.*
- ii. Shared equipment in the ice-shed will be made available. This includes stabilizers, brooms, etc. **Please ensure that you, as a player, sanitize any shared equipment you use prior to using it and immediately after using it.**
- iii. Put gear in designate spot and put on shoes/stretch.
- iv. Instead of a hand shake, give a friendly wave or tap brooms to start the game.
- v. We will be reinstating the use of the spinners to determine hammer before the start of games. The lead on the team winning the hammer should immediately disinfect the spinner after use. Alternatively, players can choose to use “Rock/Hammer/Scissors” or use an online tool on your phone: <https://justflipacoin.com/>
- vi. We will return to “normal” use of the scoreboard. Vice (3rds) from each time will keep score for their respective teams. No other player should touch the scoreboard. The scorekeepers should disinfect the scoreboard markers at the end of the game.



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- vii. Two sweepers are allowed. Both sweepers must have masks on at all times.
- viii. The skip or vice skip (both teams) may sweep any stones (both colours) set in motion by the delivering team – always following normal curling rules and etiquette. Skips must wear masks at all times.
- ix. Defensive sweeping is allowed, again, following normal curling rules and etiquette.

8. Socializing – Post Game Activities and MCC Guidelines for Bar Opening during COVID-19, Stage 3

Teams are encouraged to have the customary post-game beverages however to avoid crowding at the entrance we ask that you try to not leave at the same time as another individual.

We are recommending (but not mandating) suspending the customary “winners buys losers a drink” protocol so that members do not feel obligated to stay after a game if they are uncomfortable doing so.

Under Step 3 limitations, we are permitted to open our lounge and bar area with capacity limits of 51 people maximum. We are permitted to allow 8 people per table, however, **tables** must maintain a 2m separation (2m table to table).

Masks must be worn at all times in the lounge/warm area of the club, except when sitting at your table and actively drinking or eating. No Exceptions.

Coffee

As for coffee in the daytime draws, the coffee machine will be reinstalled on the front table as it was pre-Covid. Mugs will be available for individual use which will be washed and sanitized after each draw. Creamers and sugar packets will be available as well.

As for coffee during bar/evening hours, we will continue to use the Keurig and water heater for coffee, tea, and hot chocolate to be served in mugs.

Bar Operation

1. The bartenders will be following these guidelines in operating the bar:
 - On opening the bar, wipe down all surfaces in the bar – door knobs, cash register, faucets, draught taps, fridge handles etc
 - Masks must be worn at all time – if you forget your own there will be spares in the bar
 - Put out hand sanitizer and a spray disinfectant
 - Open the bar and ensure that the Plexiglas screen is in position
 - Maintain social distancing if assisting in the bar area



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Protection

- A Plexiglas divider approximately half the bar length will be installed on the bar counter with a cut out to pass the debit machine through.

Serving

1. We are returning to the use of glassware (as opposed to plastic cups that we used last season). Members should return all glasses to the appropriate location/area at the bar area when done.
2. Drinks are to be placed on bar ledge for pick up. Each member must collect their own drink
3. Drinks are to be paid by debit or credit only. No cash accepted.
4. Food orders such as popcorn, chips, are to be prepared for individual serving only. No sharing allowed.

Restrictions

1. The bartender cannot leave the bar except to restock bar, wipe down a table and chairs or a personal break. Upon return, he/she must wash hands and use a new pair of gloves.
2. Once a table is cleared, the table and chairs must be sanitized and cannot be used for 10 minutes.

Bar Closing

1. Close up the bar before restocking the fridges.
2. Do the receipt reconciliation and place receipts in a dated envelope. Deposit envelope in safe.
3. Wipe down any tables and chairs that were in use at closing.
4. Wipe down all bar surfaces.
5. Lock up and leave. Take your mask and gloves with you.