

MCC IN THE HOUSE

The Manotick Curling Center Newsletter



October 2024

WE ACCEPT:   





Turkey Spiel

Thursday, Nov. 28 to Saturday, Nov. 30

OUR TURKEY SPIEL FEATURES THE FAMOUS TURKEY SHOOT-OUT WHICH GIVES MEMBERS A CHANCE TO WIN A TURKEY. CURLING WITH SUPPER ON SATURDAY NIGHT FOLLOWED BY LIVE ENTERTAINMENT AND DANCING. REGISTRATION OPEN TO MANOTICK MEMBERS.

CAPACITY: 72 (CONSIDERING 96)

ONLINE REGISTRATION - SATURDAY, NOVEMBER 2

New Years Eve

Tuesday, December 31

JOIN US FOR OUR NEW YEAR'S EVENT ON DEC 31.

CAPACITY: 48

ONLINE REGISTRATION - SAT. NOV 30



The 2024 MCC Opening Spiel

The Opening Spiel at MCC proved to be a fantastic kickoff to the curling season this past weekend! Players of all skill levels came together for two days of friendly competition, with many games coming down to the wire. The 6th end Bonus added an exciting twist to the traditional game.

We'd like to thank our volunteers who made this event possible: Sharon Barnard, Sharon Rae-Renaud, Matthew Crummey, Jana, Jacqueline, and our hardworking ice crew. Thanks also to everyone who pitched in with helping hands and prize donations. A special mention goes to Oxford Mechanical for their generous prize contributions.

Looking forward to more great curling this season!

Event "A" and Opening Spiel champs - Team Crummey

Melisa Lessard
Matthew Crummey
Todd Mercer
Barney Hill





Event "B" winners - Team Perkins

Duane Perkins
Sydney Bowles
Kathy Sokoll
Tracy Perkins



Event "C" winners - Team Ross

Dave Hannah (spare)
Darcy Ross
Roslyn Ross
Christine Lemieux
Tony Frost (missing)



Curling Cares Calendars On Sale Now!

Our club is proud to support the Curling Cares initiative and are happy to announce that the **2025 Curling Cares calendar** will be available for sale **at the bar for \$25.00**. The calendar also has our very own **Jamie Sinclair as the January 2025 athlete**, making it all the more important! Proceeds of the calendar sales will help support the club as well as Jamie's chosen cause - **The Invictus Games Foundation** — <https://www.invictusgamesfoundation.org/>

Jamie is part of a military family, having seen her father deployed and hearing stories of close friends lost. The Invictus Games is an amazing opportunity for military members injured while serving their country to heal through sport. The next Invictus Games will be taking place in Vancouver 2025 with curling being debuted!



MCC Attends Events Expo

The Ward Councillor in the Riverside South-Findlay Creek area partnered with Vimy Ridge Public School on September 19, inviting community associations, sports groups, arts providers and other community members to an Events Expo at the school. The purpose was to introduce the youth in the area to an array of community activities.

Manotick Curling Club accepted the invitation to participate. Chris Innes (Little Rock and Bantam programs) and Ken Sokoll (Membership) attended the event, bringing along curling equipment, logos and flyers describing the programs. They also brought along a tabletop curling game, which was fun for the younger children, as well as a portable one for the older youth where they actually threw 4 wheeled rocks to a house laid down on the gym floor about 20 feet away. Both proved very popular with all and Chris proved to be an excellent ambassador for the club, engaging the kids and parents alike.



Chris Innes at the MCC Event Expo table



The Back Line

Have a look at the latest issue of The Back Line, from Curling Ontario. Some interesting stuff in there. Just click the link:

<https://mailchi.mp/curlingontario/back-line-news-oct2024?e=d7353449de>

Did You Know That...

Ken Sokoll, our Membership Director, in the past either:

1. Was runner-up for the Canadian record for blood donations in a single year.
2. Was a member of a Drum and Bugle Corps, which won the U.S. Open and the Canadian National Championship.
3. Was a volunteer test subject for medical studies, including a bee/wasp pain relief study employing a topical spray applied after being stung multiple times.



Which one is correct? How did Ken spend his formative years back in the day? And who is that on his chest? Check the last page to find out.

Name Tags

Did you order a club name tag? They are on the table by the bar.

Currently we have 562 members. An all-time high!



Exciting Fundraiser: Just in Time for the Holidays, Support U15 Curling Team with Purdy's Chocolates!

Team Beaton a U15 competitive team, proudly representing the Manotick Curling Club, is thrilled to partner with Purdy's Chocolates for a fundraiser supporting our competitive season! Purdy's, a Canadian family-owned company since 1907, creates delicious treats using sustainable cocoa, and up to 25% of profits will go directly to our team.



How to Order: From **now until November 30th, 2024**, you can browse and buy holiday chocolates online through our campaign. Shop gifts for family, friends, neighbours, and yourself – all in one convenient spot! Orders will be distributed mid-December at various Ottawa locations.

Ordering is easy:

1. Visit our fundraising website: <https://fundraising.purdys.com/1809366-119569>
2. Enter your email and click "Join a Campaign."
3. Shop online and choose from a wide selection of holiday treats.
4. Make your payment directly on the site.
5. Pick up your goodies in mid-December (distribution details coming soon).

Share the link with family and friends and help us spread the word!

Questions? Contact Jennifer at jennifer.k.houghton@gmail.com

Thank you for your support – happy chocolating!



www.facebook.com/teambeaton

www.instagram.com/teambeaton



WANT TO IMPROVE YOUR
CURLING SKILLS?

**REGISTRATION OPENS
MONDAY SEPT 30TH 8AM**
CALL: 613-614-8643 FOR BOOKING

PRIVATE/TEAM LESSONS

With 3-time National Champion
and Grand Slam of Curling
Champion
Jamie Sinclair

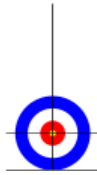
\$75 ONE-ON-ONE /50MIN
\$200 FULL TEAM /50MIN

**Lesson Options
Include:**

Line of Delivery,
Release, Weight
Control, Sweeping,
Team Systems, and
Strategy.

Technologies Used:

Laser Line, Video
Analysis and Speed
Traps.



Speed of Play Tips

The standard assumption is that one end will take 15 minutes. Listed below are some great tips to save time and keep the game moving.

* Do your best to start your game on time. Head out to the ice surface five minutes early.

*As soon as your opponent has released their rock, get down and set up your shot. Clean your rock and get your pre-shot routine done while your opposition's rock glides to a halt. Saving 15 seconds every shot is 4 minutes an end, and that is the difference between six and eight ends in two hours!

*Lead players should be ready to play as soon as the ice is cleared, and should NOT become involved in clearing the stones from the previous end.

*Once the final rock has come to a stop in an end, the seconds and thirds can start to clear away any and all rocks which are not affecting scoring.

*Other than at the end of the game, rocks do not need to be put away in order. This is very difficult for some of us to resist doing, but it will save a lot of time.

*The front end can move the skip's rock into place while they await the skip's return to the hack.

*The further skips think ahead for strategy, the quicker decisions can be made. This is the single largest time eater on the ice. Skips should move quickly on the easier decisions so they can take a little more time over the difficult ones.

*Skips need to have an internal timer to limit their shot discussion time and have it ONLY with their Vice. Skips should pace themselves against the fastest games occurring on other sheets and limit discussion time accordingly to catch up.

*Vices should immediately go to the far end to meet with their skip after throwing their last shot.

*Ultimately the skip is in charge of skipping. If you're not pleased with your skip's strategy, on ice is not the place to discuss it. Not only does undermining the skip affect his or her confidence, but it also slows down the game. If you really feel overall strategy needs to be addressed, do it over a drink after the game.

Answer to:

Did You Know That...

If you guessed that **Ken Sokoll** was a member of a championship Drum and Bugle Corps, you were correct.

Ken says:

Although being a member of the Seneca Optimist during my teenage years has many fond memories for me competing all over the US and Canada and winning many of these events the most important accomplishment related to Drum Corps was not found on the field but occurred

after one of these shows, where I met my wife to be, Kathy. Kathy is also a member of our club and I guess she liked a guy in uniform since she agreed to a date. This was fortunate for me since apparently our first date was memorable for other reasons. I think it was the bright yellow Olivia Newton John T-shirt I was wearing. I realized that playing a trumpet probably would not be a good career choice so instead studied Chemistry at U of T and eventually this led to a Ph.D. in Organic Chemistry from Waterloo and thereafter a career in the clinical development of drugs and vaccines.

